



## Emergency Assistance-Rent/Energy Assistance

Apply for OHP, SNAP, TANF and ERDC (Employment-Related Day Care):

1-800-699-9075 | [one.oregon.gov](http://one.oregon.gov)

### 211

Identify, navigate and connect with the local resources

Dial 2-1-1 or 1-866-698-6155 or visit [211info.org](http://211info.org)

### Human Solutions

503-405-7877 (Energy Line) | 503-548-0217 (Water Line)

Email: [info@humansolutions.org](mailto:info@humansolutions.org)

May also offer rent assistance: main office: 503-548-0200

### El Programa Hispano-Gresham

Main Office: 503-669-8350 | [elprograma.org/housing](http://elprograma.org/housing)

May also offer short-term rent assistance: 503-669-8350; energy assistance: 503-489-6842

### Impact NW Energy Line

503-294-7444 | [impactnw.org/need-help/#tab-id-7](http://impactnw.org/need-help/#tab-id-7)

### Self Enhancement, Inc. (SEI)

Energy appointment line/short-term rent assistance line: 503-713-5590 | [selfenhancement.org](http://selfenhancement.org)

## Food-Clothing-Phone-Internet

### Oregon Food Bank

503-282-0555 | Visit [www.oregonfoodbank.org](http://www.oregonfoodbank.org) to search for food boxes/meals in your area.

### SnowCap

Food, clothing and bus tickets

17805 SE Stark St. 97233 | 503-674-8785

[snowcap.org/services.html](http://snowcap.org/services.html)

### Salvation Army - Gresham (food and clothing)

503-661-8972 <https://gresham.salvationarmy.org>

### Sunshine Division

Food and clothing; food box delivery may be available

12436 SE Stark St. 97233 | 503-823-2102

[sunshinedivision.org/programs](http://sunshinedivision.org/programs)

### Zarephath Kitchen and Pantry

Onsite meals and food boxes

59 NW Ava St. Gresham 97030

[feedeastcounty.org](http://feedeastcounty.org)

### Urban Gleaners

Food distribution, with locations throughout Portland

[urbangleaners.org/need-food](http://urbangleaners.org/need-food)

Low-cost phone and internet: [affordableconnectivity.gov/how-to-apply](http://affordableconnectivity.gov/how-to-apply)

Low-cost phone: [accesswireless.com](http://accesswireless.com)